

5 STEPS TO SAVE A LIFE

1



Shake
at shoulders

Shout
their name

2



Call 999

3



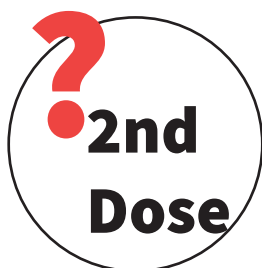
Naloxone Inject
1 dose up to the marked line
(0.4ml) of Naloxone into arm or
leg muscle

4



Chest Compressions
Push hard and fast on the
centre of the chest

5



Is it working?

If **no** improvement after 2-3 minutes
inject a **2nd** dose (0.4ml) up to the marked line
and further doses if required
and continue with chest compressions

Watch for the signs of a suspected opioid overdose - loss of consciousness, pinpoint pupils, not breathing normally (including snoring), pale skin colour, bluish tinge to lips and fingertips.

Note that Naloxone only reverses the effects of an opioid overdose.

Opioid drugs include: Heroin, methadone, morphine, fentanyl, tramadol, buprenorphine.

Naloxone will not reverse the effects of alcohol or other substances.

Naloxone is short acting, it will wear off after 20-30 minutes, after that the overdose may return.

Remember if a person is experiencing an overdose CALL 999 and ask for the Ambulance Service

Use the instructions provided in the Naloxone (Prenoxad) Kit

After giving the Naloxone dose, if the person is breathing place them in the recovery position



If the person is not breathing carry out chest compressions until the Ambulance arrives.

Be ready now

Read the Patient Information Leaflet provided by your pharmacist.

If you have questions, ask your pharmacist.

Tell your family and friends about the kit, how to use it and where it is.

Always Carry it with you.

Do not open the kit until you need it.